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**FOR IMMEDIATE RELEASE**

**SilverBow Resources Announces Commencement of Trading on the New York Stock Exchange**

**Houston, TX – May 5, 2017** - SilverBow Resources, Inc. (NYSE: SBOW) (“SilverBow” or the “Company”) today announced the Company’s common stock commenced trading on the New York Stock Exchange (“NYSE”) under the trading symbol “SBOW”. Upon commencement of trading on the NYSE, the Company’s common stock ceased trading on the OTCQX Best Market.

**About SilverBow Resources**

Headquartered in Houston, SilverBow Resources (NYSE: SBOW) develops, explores and acquires oil and gas properties in the Eagle Ford trend of South Texas.